

SWEET SATURDAYS

TYPE 1 DIABETES SUPPORT GROUP



YOU ARE NOT ALONE!

But it sure can feel that way.
Come join us for bite sized
lessons and heaping servings
of support from people just
like you 😊

JOIN US

1st Saturday of Every Month

We meet via Zoom (for now)

10.00 AM - 11.00 AM

For more info and to sign up:
www.HawaiiNutritionHui.com/groups
or call/text Nicole @ 808-645-4484